

Dancing Styles

Subject	Age level	Time
Arts	9 – 10 years old	50-55 min

Teaching and learning aims

At the end of the lesson pupils will be able to:

- Identify and describe at least three dance styles.
- Understand the connection between dance and culture.
- Develop motor and coordination skills through basic dance movements.
- Use specific dance-related vocabulary

Equipment and material

- Projector or digital whiteboard.
- Video showcasing different dance styles. Link: [Types of Dance Salsa, Ballet, Waltz | Learn about Different Dance Styles - YouTube](#)
- Activity 2: [ALL DANCE STYLES in the World \[todos los tipos de baile - tipos de danza \] - YouTube](#)
- Activity 3: The links are optional (final activity).

Learning outcomes (4 Cs)

Content

- Identification of Dance Styles: Students will be able to identify and describe at least three dance styles (salsa, ballet, hip-hop).
- Cultural Connection: Students will understand the connection between dance and culture, recognizing the diversity of dance forms around the world
- Motor Skills: Students will develop basic motor skills and coordination through practical dance activities.

Cognition

- Critical Thinking: Students will engage in critical thinking by analyzing the cultural significance of different dance styles.
- Application of Knowledge: Students will apply theoretical knowledge about dance styles to practical dance movements.
- Problem-Solving: Students will participate in problem-solving activities during the group dance practice.

Culture

- **Appreciation of Diversity:** Students will appreciate the diversity of dance as an expression of cultural identity.
- **Respect for Differences:** Students will cultivate respect for different dance styles and cultural practices.
- **Global Awareness:** Students will develop a global awareness of dance as a universal form of expression

Communication

Language Function:

- **Describing:** Students will use language to describe dance styles and their cultural contexts
- **Expressing opinions:** Students will express their opinions about the importance of dance

Vocabulary:

- **Dance Terminology:** Students will acquire and use specific dance- related vocabulary.
- **Cultural Vocabulary:** Students will learn and use vocabulary related to cultural aspects of dance.

Verbs:

- **Perform:** Students will perform basic dance movements.
- **Discuss:** Students will discuss the cultural significance of dance

Language structure:

- **Sentence Structure:** Students will use appropriate sentence structures to describe dance styles and express opinions
- **Collaborative Language:** Students will use language collaboratively during group activities

Activities

Step 1: warm up (5-10 minutes)

- Brief talk about the importance of dance in different cultures.
- Play a short video highlighting various dance styles. Link: [Types of Dance ► Salsa, Ballet, Waltz | Learn about Different Dance Styles - YouTube](#)

Step 2: Theoretical Part (15 minutes)

- Presentation of dance styles (salsa, ballet, hip-hop,etc.). Brief explanation of the connection between dance and culture
- link: [ALL DANCE STYLES in the World \[todos los tipos de baile - tipos de danza \] - YouTube](#)

Step 3: Practical Part (25 minutes)



Group Dance Practice - Form groups, each choosing a dance style to practice for 10 minutes (they can use the digital board, computers or tablets to find the video tutorials by themselves and prepare a short routine(2-5 min) to teach to the class. The division of the groups should be at the teacher's choice, since it is very influential depending on the group. Whether they are large or small class groups. Therefore, the teacher will decide how he/she wants to divide the groups depending on the time needed to carry out these activities.

- Here I introduce you to different resources that your students can use as a tutorial to learn some steps of different types of dances.
 - Salsa: [Beginner Salsa | Easy Dance Tutorial | CJ and Friends - YouTube](#)
 - Bachata: [How To Dance Bachata Step By Step | For Kids - YouTube](#)
 - [CHEERFUL CHA CHA CHA | Little Movers - YouTube](#)
 - Hip-hop: [Easy Kids Choreography - \(Hip Hop Dance Tutorial AGES 4+\) | MihranTV - YouTube](#)

They can also look for the dance of their choice if the teacher thinks they can do it, or if you want to extend this didactic sequence for more class sessions.

Evaluation

1. Participation and Attitude Assessment:

- **Criteria:**
 - Active participation during the initial talk, theoretical presentation, and movement practice.
 - Positive attitude towards exploring different dance styles and associated culture.
- **Assessment Tools:**
 - Ongoing observation by the teacher during all activities.

2. Motor Skills Assessment:

- **Criteria:**
 - Correct execution of basic movements in salsa, ballet, and hip-hop.
 - Coordination and adaptation to the rhythm of the music.
- **Assessment Tools:**
 - Checklist for basic movements.
 - Individual feedback during practice.

3. Cultural Understanding Assessment:

- **Criteria:**
 - Participation in the discussion about the connection between dance and culture.
 - Ability to relate theoretical information to dance practice.
- **Assessment Tools:**
 - Discussion questions and responses.
 - Observation of comments during the final talk.

4. Dance Vocabulary Assessment:

- **Criteria:**
 - Contribution to the dance terms glossary.
 - Appropriate use of vocabulary during discussion and practice.
- **Assessment Tools:**
 - Observation of vocabulary application in subsequent activities.

5. Additional Activity 1 Assessment: Dance Charades:

- **Criteria:**

- *Creativity and accuracy in representing the dance style.*
- *Active and respectful participation during the activity.*
- **Assessment Tools:**
 - *Direct observation of each student's performance.*

6. Group feedback on the activity.

Additional Activity 2 Assessment: Group Dance Practice:

- **Criteria:**
 - *Effective collaboration within the group.*
 - *Creativity in choosing and executing the dance style.*
 - *Ability to teach the routine to the rest of the class.*
- **Assessment Tools:**
 - *Observation during the group dance presentation.*

7. Final Evaluation and Self-Assessment:

- **Criteria:**
 - *Reflection on the importance of dance and what was learned during the session.*
 - *Self-assessment of participation and achievement of objectives.*
- **Assessment Tools:**
 - *Self-assessment form.*
- **Evaluation Process:**
 - *During the session, the teacher will conduct continuous observations, taking notes on participation, attitudes, and movement execution.*
- **Observations:**
 - *Evaluation will focus on active participation, understanding of concepts, and practical application of what was learned.*
 - *An environment of constructive feedback will be encouraged to support the growth and development of each student.*
 - *The evaluation aims to be formative, providing information to improve future activities and better understand the needs of the group.*